

BRIEFS

NMCRS Radiothon Approaches

If you have not heard, Radiothon 2002 is April 24-26 from 8am-6pm. This annual fundraiser, sponsored by 103.1-The Blitz, GTMO's very own radio station, supports the Navy and Marine Corps Relief Society, a nonprofit, charitable organization providing assistance to members of the Naval Services of the United States, their eligible family members and survivors. Interest free loans or grants to deal with emergency needs, education loans and grants, budget counseling, food lockers, layettes, thrift shops and visiting nurse services are a few of the forms of assistance the society provides. All services are free to those who qualify for assistance.

During Radiothon, pledges to NMCRS are taken for music requests. Listeners call and make pledges for a minimum of two dollars in exchange for a song. If another listener wants to hear something else they can bump the song being played by placing a pledge for at least one dollar over the original amount of the first pledge. If you have big bucks to spend you can make a pledge for a repeater. Repeaters are songs that are pledged with a minimum of fifty dollars. Only four songs will be designated as repeaters. Repeaters are played at the top of the hour, a quarter past the hour, half past the hour and a quarter to the top of the hour. Repeaters run until they are bumped. To bump a repeater the amount of the original pledge must be matched plus an additional fifty dollars.

Volunteers are needed for a variety of positions at the radio station during Radiothon and if you would like to help call 2351 for more information. Make a difference in the life of someone in need. All it takes is a phone call.

Command Financial Specialist Training

In accordance with OPNAVINST 1740.5, each command having twenty five or more personnel shall have a trained Command Financial Specialist (CFS) and those with less

Continued on page 3

Beach Access Open

Windmill Beach Remains Open to Residents



**NEW ACCESS ROAD
BYPASSES RESTRICTED
OPERATIONS SITES,
GIVING RESIDENTS
UNINTERRUPTED USE
OF WINDMILL BEACH.**

Worries that Joint Task Force Operations would eliminate access to the largest and most popular beach on the base, Windmill Beach, disappeared Wednesday as the alternate access road was opened thru old magazine areas.

Naval Station's Ordnance Department, Public Works Department and Safety Department worked hand in hand to complete the opening of the access road to Windmill Beach in plenty of time to avoid temporarily closing the

beach to the public.

Road repairs, shoulder reinforcement, drain pipe replacements and new signs directing drivers along the correct route to the beach were all completed in record time.

The speed limit to the beach is 15 MPH due to the many very narrow portions of the roadway and the tight, winding curves.

Residents are warned that the low speed limit is necessary and is being strictly enforced for safety along the 7-minute section of your drive to the beach.

CDC Fun Fair



Above: Montana and Dakota Scheidermayer take advantage of an opportunity to pick up some well crafted balloon toys as a memento of their afternoon at the fair. Swords were guaranteed not to inflict pain or injury during swordplay.

The Month of the Military Child brought many of them to the parking lot of the GTMO CDC Friday. Games, balloons, facepainting, a bouncer and a number of craft tables highlighted events at the center.

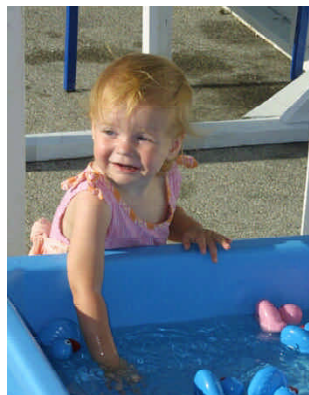
CDC staffers and MWR personnel guided the children through the numerous activities, giving the children a rousing end to their "workweek."



Destiny Quinn calls it a day in the bouncer, pausing only briefly to get her bearings and to locate "Mom."



Above: His future not yet determined, young Brian Garner tests his skills with a basketball. Who knows, his college career may be highlighted by consecutive All-American collegiate seasons.



Right: Rachel Garner attempts to rescue "tipsey" ducks at the duck pool. Although the ducks are numbered for the awarding of prizes, Rachel's main concern was to put hands into the water and play.

Photos by JOC Ric Evans

U.S. Naval Base
Guantanamo Bay, Cuba

GAZETTE

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CAPT Robert A. Buehn

Chief Staff Officer
CDR Michael Fair

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CMDMC(AW/SW) Ellen M. Mustain

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This newspaper is an authorized publication for members of the military service stationed overseas. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense or the U.S. Navy and do not imply endorsement thereof.

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Energy Conservation

Surf the Web at night or in the early morning when demand for electricity is lower.

Force Protection Tip of the Week

Always wear a seatbelt and lock your doors when riding in a vehicle.

Water Conservation

Total Used
7,260,579

Daily Avg
1,037,225.6

Daily Goal
700,000

We spent - **\$44,851.00**
OVER our goal last week.

APRIL 2002 TIDAL DATA

DATE	TIME	LEVEL	TIME	LEVEL	TIME	LEVEL	TIME	LEVEL
20	0239	1.39	0919	0.40	1351	0.67	2001	-0.11
21	0339	1.38	1013	0.34	1515	0.74	2119	-0.08
22	0433	1.35	1101	0.24	1633	0.87	2237	-0.05
23	0527	1.32	1149	0.11	1745	1.05	2349	-0.03
24	0621	1.26	1231	-0.03	1851	1.25	0055	-0.01
25	0709	1.19	1313	-0.17	1951	1.44	0201	0.01
26	0751	1.11	1355	-0.27	2045	1.59		

Physical Readiness Program Gets Overhaul for Oct. '03

By JO1 Daniel Pearson

Navy Personnel Command Public Affairs

In response to feedback from the fleet, the Navy is making major changes to the Physical Readiness Test (PRT) standards.

Beginning in October, age groups will be in five-year increments instead of the current 10-year groups, and the overall score will be based on an average of individual event scores.

"The lowest score as your overall score was a big dissatisfier in the fleet, so we are going to average scoring," said Capt. Tim Cepak, deputy assistant commander of the Navy Personnel Command for Personal Readiness and Community Support. "We're going to maintain the same goal-oriented approach to scoring for individual events, but each of those goals will have a numerical value assigned to them. No one event is going to be weighed over the other."

The new instruction will also establish a probationary performance category. Sailors whose overall score falls into this category will be enrolled in their command's Fitness Enhancement Program (FEP).

Under the current system, a score of Satisfactory/Marginal on any individual event is cause for enrollment in FEP.

As opposed to the old system of cumulative point totals, the system of averaging scores will better reflect Sailors' level of fitness.

"What (the old system) did was mask performance on individual events; so we had individuals who could barely pass the run, yet they were scoring outstanding because they did a bunch of curl ups and push ups," Cepak noted. "The whole purpose of the test is to give an individual an idea where they are today so they can work with the command fitness leader to find out what they can do to improve."

Another major change is that age groups will be in five-year increments (20-24, 25-29, etc...) rather than the 10-year groups under the current instruction. Scoring will be comparable to current standards.

Also, the command fitness leader is no longer required to be a chief petty officer or above; Navy Personnel Command is developing criteria for a unit award based on individual improvement, not the number of outstanding scores.

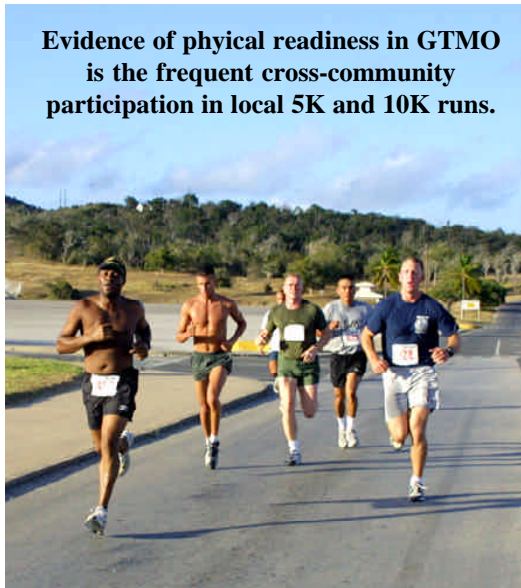
The Navy is also studying the possibility of incorporating a cross-training machine as an option for the cardiovascular portion of the test, and reducing the time for curl ups and push ups from two minutes to one minute. Those studies should be completed sometime in 2003.

Although changes to the test are of primary interest to Sailors, they shouldn't lose sight of the fact that the purpose of the Physical Readiness Program is to promote fitness and good health.

"If you get into the habit of a fitness lifestyle, as you age you will stay young. Fitness is the fountain of youth," Cepak added.

For information on the Navy Physical Readiness Program, go to www.mwr.navy.mil and go to the "Select Your Page" and select Physical Readiness from the pull-down menu.

Evidence of physical readiness in GTMO is the frequent cross-community participation in local 5K and 10K runs.



BRIEFS CONT.

than twenty five are encouraged to have a trained CFS.

This course is offered for active duty personnel interested in serving as financial specialist for their respective commands/departments.

This is an annual training in GTMO and many CFS's trained last April have since left the island. In addition, the number of personnel have increased dramatically in many commands/departments and additional CFS's are needed to provide personal financial information and assistance.

Attendees should be E-6 or above, have command approval, and have at least one year left at this command.

We need highly motivated, financially stable individuals to actively assist others, attend bi-monthly CFS forums to exchange information and to keep up with the many changes affecting the personal finances of service members.

Class dates are May 13 - 17, 7:30am to 4pm. Training is at the Fleet and Family Support Center.

Register now by calling 4141 or 4153. The point of contact is Paul Walker.

Iguana Crossing seeks volunteers, donations

Volunteers are needed to staff our local coffee shop, the Iguana Crossing. Also needed are donations of coffee, milk, sugar, honey, spoons and trash bags. Donations of baked goods are always appreciated. Please call 2323 to volunteer for a shift or for more information.

FFSC Classes & Discussion Groups

Anger Management Class

Monday, April 22, 2 to 4pm
at the FFSC. Call 4141
to register.

Providing Emotional Support to Our Children

Thursday, April 25, 11:30am to 12:30pm
A lunchtime discussion group at
the Windjammer ballroom, open to the
entire GTMO community.

Chief of Naval Personnel discusses SAIL, REDUX, More While in Rota

Navy News Service

Chief of Naval Personnel (CNP) Vice Adm. Norb Ryan Jr. held an "all hands call" in the base theater while visiting Naval Station Rota, to thank the men and women in uniform for their day-to-day sacrifices that keep America free.

Ryan touched on a number of ongoing issues, with specific regard to personnel and manpower, and the improvements to numerous programs based on feedback from the fleet. He expressed gratitude to the fleet's leaders for helping to achieve the progress made in retention, manning and overall readiness.

In an effort to maintain the momentum in retention, CNP has initiated a new program called SAIL (Sailor Advocacy through Interactive Leadership). SAIL is a detailing process to help guide Sailors to their next duty station.

"We're asking each of our detailers act as if they were recruiters," Ryan explained. "As recruiters, we have to go out and convince these individuals to stay Navy."

Ryan said Sailors need an advocate in the Bureau of Naval Personnel and the detailer is going to be that advocate. SAIL is designed to track a Sailor's special skills, family considerations and job preferences, as well as comments from the Sailor's command retention team. SAIL is a team detailing process that will involve the service member, the current command and the detailer, who all work together to select the next duty station that meets the needs of the Sailor and the needs of the Navy.

The Chief of Naval Personnel discussed many issues, most of which began as suggestions accumulated from Sailors in the fleet. He discussed improvements in retirement options, investments, advancements and physical fitness just to name a few. With regard to retirement and the \$30,000 bonus available to Sailors under REDUX, Ryan offered some money advice too.

"If you plan on living a long time, unless you are a very astute individual who invests a majority of the \$30,000 and really do well in that investment, you're going to lose money in the long run," he said.

Ryan said 90 percent of those serving now should probably

choose the "High 3" retirement option as the best way to maximize retirement dollars.

"Retirement is indexed against inflation," Ryan explained. "And REDUX doesn't keep up. You'll lose money over your lifetime — maybe in the hundreds of thousands of dollars. Most people who opt for the \$30,000 bonus will probably regret it in the long run; it's an expensive loan," Ryan warned.

Ryan urges all service members to examine their individual circumstances and use available resources such as the retirement calculator at <http://www.staynavy.navy.mil>, and make an informed decision.

Another recent improvement in money matters is the Thrift Savings Plan, or TSP. Ryan is proud of the fact the active-duty members in all branches of the armed services benefit from this program that the Navy pushed through Congress.

"We led the charge for TSP, we went to Capitol Hill and campaigned for it and now all the services receive the benefit of investing in TSP," Ryan said.

According to Ryan, the Navy's early projections indicated 13 percent participation, but after a single enrollment period, the Navy has achieved 16 percent or about 67,000 active-duty and Reserve participants. Ryan now hopes for more than 25 percent after the next enrollment period that begins next month.

Ryan announced improvements and changes in increased advancements in the E-8 and E-9 pay grades (12.97 and 19.87 percent respectively) to the increased advancements in the top six enlisted pay grades.

"We're going to continue to increase our top six, or E-4 to E-9 pay grades, by 1 percent per year until 2007," Ryan said.

Ryan also talked about the new Physical Readiness Program. He said the Navy is trying to develop a culture of fitness. A working group was formed from representatives of the fleet to provide recommendations to "reduce dissatisfiers, eliminate demotivators," in the existing program. NAVADMIN 087/02 provides the details of the new program.

The admiral stressed the need for Sailors to continue providing feedback to Navy leadership so they can keep on listening and delivering solutions.

On the SAIL Program -

"We're asking each of our detailers to act as if they were recruiters. As recruiters, we have to go out and convince these individuals to stay Navy."

On REDUX -

"...unless you are a very astute individual who invests a majority of the \$30,000 and really do well in that investment, you're going to lose money in the long run."

On Advancement -

"We are going to continue to increase our top six, or E-4 to E-9 paygrades, by 1 percent per year until 2007."

*comments from Vice Adm. Norb Ryan,
Chief of Naval Personnel*

Thrift Savings Plan Open Season Begins May 15

By Chief of Naval Personnel Public Affairs

One month after the end of the tax season, Sailors will get another chance to sign up for the Thrift Savings Plan (TSP), which offers significant tax incentives and can enhance their retirement savings.

Beginning May 15 and lasting through July 31, active-duty members and Reservists can choose to invest from one to seven percent of their basic pay and up to 100 percent of bonus, special or incentive pay in their own TSP account within Internal Revenue Service limits.

Working much like the civilian 401(K) savings plan, pre-tax dollars are invested to provide retirement monies for Sailors. Taxes are deferred on TSP contributions, meaning no federal (and in most cases, state) income taxes are paid on contributions or earnings until the money is withdrawn, usually at retirement when many are in a lower tax bracket.

TSP is not designed to replace the military's retirement plans. It is meant to be a convenient way for Sailors to invest in a variety of investment vehicles to provide additional money for retirement.

Sailors can transfer any amount of money into the TSP from certain qualified retirement savings plans in which they are already invested.

Generally, an eligible retirement plan is an IRA (other than a "Roth" IRA) or an individual retirement annuity (other than an endowment contract); a qualified pension, profit-sharing, or stock bonus plan; or an annuity plan described in Internal Revenue Code.

TSP account balances can be transferred to an eligible retirement plan if a Sailor leaves the service. This option makes TSP an attractive investment whether someone serves four or 30 years.

To give an idea of the advantage of saving through before-tax contributions to the TSP: suppose a Sailor earns \$30,000 a year, is in the 15 percent tax bracket and contributes 5 percent each month (or \$1,500 per year) to a TSP account. That Sailor would save \$225 in federal taxes (15 percent of \$1,500 is \$225). If that \$1,500 were

see TSP, page 7

Voting Season Now Underway

By JO1 Daniel Pearson

Navy Personnel Command Public Affairs

The 2002 election year is underway, and Sailors should take action early to exercise their right to vote. Voting action officers (VAOs) can provide guidance and the necessary forms, but Sailors need to apply 30 to 45 days prior to an election — earlier if they are deployed.

The Navy Voting Assistance Program (NVAP) Web site at <http://www.persnet.navy.mil/nvap> contains ordering and application instructions to help both Sailors and VAOs through the voting process.

"Voting action officers need to let each Sailor in their command know that they are readily available to assist them, so they will be able to vote," said John Hillis, NVAP program manager at Navy Personnel Command. "Communication is vital."

Primary and general election dates for each state, as well as BUPERSNOTE 1742, which governs the program, are posted on the NVAP Web site. Further assistance is available through the Navy Voter Hotline at (800) 368-5056. Personnel within the state of Tennessee and those outside the continental United States (OCONUS) use DSN 882-4369 or (901) 874-4369.

Special Events

JUST FOR FUN MOTORCYCLE and AUTOMOBILE SHOW

NEX Atrium

Saturday April 20,
9:30am - 2 pm

Interested in displaying
your bike or car, contact
David at 7505/4227 or
Ruth at 72035/7124.

OCSC presents Shish-ka-bob Shindig

April 20, 6pm
at the Sailing Center.
Tickets \$5. Call 2376.

HISPANIC HERITAGE ASSOCIATION

Bake Sale
Saturday April 20,
beginning at 9:30am
NEX Atrium.

Single Parents Day Trip Rescheduled

All Single Parents,
Geographical Single Parents
and their children are invited
for an outing on April 20,
noon to 2pm, on the GTMO
Queen to celebrate Single
Parents Day. This is a
potluck event, so please
bring a dish. FMI contact IS1
Gallop DWH 4230 or
AWH7337.

**This Week
in Naval History**

April 19

1783 - George Washington proclaims end of hostilities

1861 - President Lincoln orders blockade of Southern ports from SC to Texas

April 20

1861 - Norfolk Navy Yard abandoned and burned by Union forces.

1947 - CAPT L.O. Fox, USN, supported by 80 Marines, accepted the surrender of LT Yamaguchi and 26 Japanese soldiers and sailors, two and one half years after the occupation of Peleliu and nearly 20 months after the surrender of Japan.

1964 - USS *Henry Clay* (SSBN-625) launches a Polaris A-2 missile from the surface in first demonstration that Polaris submarines could launch missiles from the surface as well as from beneath the ocean. 30 minutes later the submarine launched another Polaris missile while submerged.

April 21

1898 - U.S. at war against Spain.

1906 - Commander Robert Peary discovered supposed Arctic Continent did not exist.

April 22

1898 - U.S. warships begin Cuba blockade.

1987 - U.S. Navy ordered to provide assistance to neutral vessels under Iranian attack outside the exclusion zone and that requested help.

April 23

1934 - In first Navy movement through Panama Canal over 100 ships transitted

1945 - In only U.S. use of guided missiles in WW II, 2 BAT missiles release at Balikpapan, Borneo

1956 - Project Vanguard, earth satellite launching program, assigned to DCNO (Air)

April 24

1862 - Battle of New Orleans; Union Navy under David Farragut runs past forts into Mississippi River

1884 - USS *Thetis*, *Bear*, and *Alert* sailed from New York to search for Greeley expedition lost in Arctic

1974 - Naval forces begin minesweeping operations in the Suez Canal Zone

April 25

1862 - Union naval forces occupy New Orleans, LA

Personnel Profile

“Eagle-eye” Candelario Honored by MIUW 208, Chosen Junior Sailor of the Year

BY PN2 (SW) Ron Allen

Standing near his guard post, Antonio Candelario was talking to two shipmates when he stopped abruptly and began staring across the ocean.

Despite the glare from the blazing sun, the Miami-Dade County resident had just glimpsed the mast of a ship in the far distance. He grabbed his binoculars, looked across the water and immediately confirmed his discovery.

“...I have a surface contact, bearing ONE NINE ZERO, heading east, approximately 25 to 30 [miles],” Candelario - a mobilized Naval Reservist attached to Miami-based Mobile Inshore Undersea Warfare Unit 208 - told his command center over his walkie talkie.

Candelario’s vigilance on duty and ability to see ships from afar with his bare eyes left his colleagues in awe especially those in the command center who rely on high tech radar to detect vessels on the water. It also earned him the moniker “Eagle eye.”

“The dude spotted a freighter on the horizon during the daytime and with the glare [off the water],” said supervisor Petty Officer Mark Sherrill. “...He also spotted a [fast] boat a good 30 miles before it even showed up on radar, and we kept asking him where it was, until we saw it on the screen.”

Such attentiveness is extremely important since the unit’s mission is to conduct surveillance and report its findings to U.S. Coast Guard boats that patrol the harbor constantly.

Guantanamo Bay Naval Base covers 45 square miles and has miles of shore on both sides of the bay. That bay also connects to another one inside Cuba.

The need for protection against a waterborne attack was

underscored by the October 2000 attack on the USS *Cole* in Yemen. It was heavily damaged, and 17 Sailors were killed when terrorists blew up a small boat next to the U.S. warship.

Until he was mobilized with his unit in November to help fight the war on terrorism, Candelario could be found working as a carpenter for Ralph Merritt Construction Corp., in Miami.

When terrorists struck in New York and Washington, D.C., last September, Candelario knew then he would soon be packing away his saw and hammer and picking up his weapon. “I knew that morning that they would be calling us up soon because of the type of unit we are,” he said.

While many of his shipmates spend their off-duty time on the water fishing or boating, Candelario uses his downtime to prepare for his upcoming Physical Readiness Test. He and two other Sailors run six miles along Sherman Avenue, the main thoroughfare which slices the base, each day.

Between exercising and scoping out vessels on the water, Candelario also finds time to hone his skills as a carpenter. He arrived on the island a week after the other members of his



Candelario poses with country music star Charlie Daniels during Daniel's recent visit to the island

unit and found them standing watches in the blazing sun.

The mild mannered Candelario gathered plywood, logs, ropes, sandbags, and any type of weather proof material he could get his hands on, and built three sheds to protect them from the baking sun and the brisk night wind.

"We have some women in the unit and when I saw them after work, I said I didn't want them to roast in the sun," he said. "I work in the sun eight to 10 hours a day so this is nothing to me. But for someone who is used to working in an air-conditioned office, this can be too much."

Candelario vows to improve the sheds soon. "This is good for now but I hope I can find some better materials before the rainy season starts," he said.

In another effort to continue his carpentry skills, he also volunteered to repair the bathrooms at a base church.

Although he misses his family, Candelario tries to be the brave sailor. Being a part of the war on terrorism, he says, helps him and his colleagues deal with the loneliness of being away from loved ones.

"You have no choice," he said. "I can't leave. What am I going to do? You try to find the good in it. I would go crazy thinking about missing home."

He said he is grateful for his wife, Mariluz, who has been supportive of his decision to enlist in the service six years ago.

"She has definitely been supportive of me 100 percent," said Candelario, who has a 25-year-old stepdaughter in the Air Force. "She said she is proud of what I am doing."

Even though she misses her husband, Mariluz Candelario said she supports him as he fights terrorists. "I am proud of all of him ... because he is brave and for what he is doing," she said in a recent interview.

Originally from El Salvador, Candelario joined the Naval Reserves in 1996 after of a dare from his coworkers. "It was kind of a challenge," he said. "People said you couldn't do it. But now, they are so proud of me. They show me support."

At a recent unit picnic, Candelario was honored for his contribution as Junior Sailor of the Year for 2001.

"Your hardworking zeal for the naval service in the field and during operations of a very challenging nature did not go unnoticed," Cmdr

Andrew P. Shelter, his commanding officer read from a citation. "Your cheerful demeanor and competence are first rate."

The honor caught Candelario off guard. But his wife was more elated, he said.

"She got so excited when I told her," he said. "Every year they select one person. This year, it's my time to get the present. And to her,



BM3 Antonio Candelario watches the bay from his vantage point on Stephen Crane Hill.

TSP, from page 5

deposited in a regular savings account, \$225 would be owed in federal taxes. Tax savings will be even greater if the state taxes are excluded on TSP contributions, as most states do.

The decision to start building a retirement fund early in a career is not always easy. Many fear they will miss the money used to build an investment account. But starting early allows compounding interest to grow the account.

One Sailor who has taken this to heart is Operations Specialist Seaman Jose Hernandez from the cruiser USS Bunker Hill (CG 52), homeported in San Diego, Calif. He signed up for TSP in December. "It seemed like a good deal — a way to build a retirement plan using the different options," he said.

Before deciding how much to invest, Hernandez talked over the options with his wife. "She felt the same way and wanted a retirement plan. We haven't missed the money."

Since the plan was opened to the military during the special enrollment period that ended Jan. 31, nearly 65,000 active-duty Sailors have invested in the plan, leading all the services in

enrollment.

There are five investment funds where Sailors can invest all or part of their money; each fund has its own risk and return. Before investing, Sailors should look at their current financial situation, time until retirement and investment risk tolerance. Armed with complete, accurate information, Sailors and their families can decide how much to invest in which fund. Investment decisions should be made with long-term goals in mind since the money is invested for retirement.

Contributions can range from as little as one percent to seven percent of basic pay in 2002; also bonus, special or incentive pay may be contributed — up to the \$11,000 IRS tax limit allowed in 2002. For those serving in a combat zone, the current ceiling for contributions is \$40,000. Contribution limits increase through 2007 when there will be no limit on the percentage of basic pay contributed and the total dollar limit is inflation adjusted.

This is the first enrollment opportunity since the special enrollment period ended Jan. 31. For more information on TSP, go to <http://www.tsp.gov>.

Worship Services

Roman Catholic Mass

(Main Chapel)

Monday - Friday

Daily Mass (Cobre Chapel) 0630

Saturday

Reconciliation 1630

Eucharist/Mass 1730

Sunday

Eucharist/Mass 0900

Camp X-Ray, QRF Tent 1030

Eucharistic Adoration/Reflective

Prayer (Cobre Chapel) Daily, 24hrs

Protestant Service

Sunday

Worship Service - Main Chapel 1100

JTF 160 - Freedom Heights 0800

Contemporary Praise

and Worship Service 1930

New Life

(Sanctuary B)

Sunday

Sunday School 1000

Worship Service 1100

Church of Jesus Christ of Latter Day Saints

(Sanctuary A)

Sunday

Sacrament 0900

Jewish

(Sanctuary A)

Twice per month Call 2323

Filipino Bible Fellowship

(Sanctuary A)

Sunday

Worship Service 1800

Inglesia Ni Cristo

(Sanctuary B)

Sunday

Worship Service 2000

Pentecostal Gospel Temple

(Sanctuary C)

Sunday

Worship 0800 & 1700

Seventh Day Adventist

(Sanctuary B)

Saturday

Service 0930 & 1630

United Gospel

(Main Chapel)

Sunday

Service 1245

United Jamacian Fellowship

(Morin Ctr Complex - BLDG. 1036)

(Next to the Cable Company)

Sunday

Worship 1100

Please ask the Faith Group Representative about Education Programs, Bible Study, Prayer Groups, etc. For more details, call the Chaplain's Office at 2323.

What You Need For TSU Graduation

The following are the requirements for participation in the **Troy State University Undergraduate graduation ceremony in Gtmo on June 1, 2002.**

Eligibility for Graduation:

- ✪ All CLEP/DANTES test scores received by TSU. (No CLEP/DANTES test credit from other schools.)
- ✪ Transient Authorization Form approved for all outstanding transfer credit from other schools.
- ✪ Unconditional status.
- ✪ Graduation requirements verified with TSU Consultant. (Coursework, Residency, GPA, APT, MFAT.)
- ✪ Incomplete grades will not be accepted in the Term in which one intends to graduate.

Complete Intent to Graduate paperwork one term prior to completion of all degree requirements (i.e. APT Test and the MFAT Test \$40/ test). Information and paperwork can be obtained by contacting the TSU consultant.

The forms to be completed are as follows:

- ✪ Intent to Graduate Form.
- ✪ Intent to Participate in GTMO Graduation.
- ✪ Transcript Request Form (2 if active duty military).
- ✪ Graduating Student Survey with Par-Score Form.
- ✪ \$50.00 Graduation Filing Fee.

If you meet the above criteria for graduation, and would like to participate in the June 1, 2002 graduation ceremony, you can order your cap and gown at the this web address http://www.tsufl.edu/graduation/Herff_Jones.htm. If you have questions and/or plan to attend the graduation ceremony please contact Kim Bastemeyer at kbast@tsufl.edu.

Events for Sexual Assault Awareness Month Scheduled

April is recognized as Sexual Assault Awareness Month.

The theme advertised by the National Sexual Violence Research Center (NSVRC) is "Make a Difference." We can all make a difference by learning to recognize sexual coercion, following our instincts about an uncomfortable situation and intervening when someone else may be at risk.

Volunteer Advocates are available 24 hours a day to respond to incidents of sexual

assault and rape. These advocates provide emotional support and information regarding resources in the community. If you would like further information about sexual assault and rape awareness and intervention, call the SAVI Coordinator at the Fleet and Family Support Center 4141.

During the month of April the Fleet and Family Support Center Sexual Assault Victim Intervention (SAVI) Program and program volunteers are sponsoring the following base-wide events:

Saturday, April 20, starting at 6:30am -
5K Run/Walk sponsored with MWR.

Saturday April 27, 6 to 10pm
SAVI volunteer recognition and special night will be at the Iguana Crossing. The event will consist of entertainment and refreshments.

School Lunch Menu

April 22 - 26

- MONDAY -

Combination Pizza,
Carrot Sticks,
Sweet Corn, Fruit
Cocktail, Milk

- TUESDAY -

Spaghetti w/ Meat
Sauce, Toasted
Garlic Bread,
Vegetable Dip,
Fruited Gelatin, Milk

- WEDNESDAY -

Cheese Burger,
French Fries, Fresh
Fruit, Milk

- THURSDAY -

B.B.Q. Chicken
Drummette, Rice,
Tossed Salad,
Fresh Fruit, Milk

- FRIDAY -

Sausage Pizza,
Mixed Vegetables,
Carrot Sticks,
Cookies, Pears,
Milk

Environmental Office celebrates Earth Day

By Patricia Loop

Earth Day is on April 22 each year. Earth Day is a day to remember to take care of our planet, earth. We can take care of GTMO by keeping it clean, picking up litter and recycling when ever possible. The following items can be recycled: glass, plastic, aluminum, and metal. Some things we can reuse again, like jars and boxes. Some things we can use less of, like water. In GTMO, we need to conserve water. We are currently under a watering restriction, only hand watering is allowed for 15 minutes between the hours of 6-8pm on Tuesdays and Saturdays.

To celebrate Earth Day in GTMO, the PWD Environmental Office set up an exhibit at the NEX Atrium, which featured various ducks, antlers, sharks' teeth and GTMO seashells. Students from WT Sampson Schools and NEX patrons viewed the exhibit and were astonished to find out that ALL the shells were collected in GTMO. In addition, base cleanup day was today. Thanks to all those who participated, the day was a lot of fun and a big success.

On Saturday (20 Apr), NEX grocery bags will feature "Earth Day" slogans and pictures. The bags were decorated by the students at WT Sampson Schools as part of "The Earth Day Groceries Project". This project is designed to enhance students' environmental knowledge and to remind everyone about Earth Day.

This weekend, Reef Raiders Dive Club will be doing an Eco Dive on Sunday (21 Apr) at 9am at Phillips Dive Pier. Contact Reef Raiders for more information.

At the Recycling Center, there is a "Guess the # of Cans" contest going on. Stop by and guess the number of cans in the container. The winner will receive dinner for 2, compliments of KPSI. So drop off your recycling or just come by and take a guess. Guesses will be accepted until 30 Apr.

PWD Environmental would like to thank the following individuals/groups who have made this years earth day celebration a great one: Brenda Jones and Jan White for sharing their shell collection and time, AEC(AW)Crouse for assisting with the display, Burns & Roe JOC for building the display cabinets, KPSI for donating dinner for 2, Reef Raiders



Win "Guess the Cans" at the Recycling Center and win dinner for two. Guesses escepted until April 30.



Students from WT Sampson schools and NEX patrons viewed an Earth Day exhibit from the PWD Environmental Office featuring various ducks, antlers, sharks' teeth and seashells.



We're Culicoides Not Mosquitoes

By HM1 Aquiles Faustino
Preventative Medicine Technician
US Naval Hospital

Biting midges of the genus *Culicoides* are affectionately known in GTMO as "flying teeth", "no-see-ums", and other less politically correct names. There are two different types of blood sucking biting midges, the ones that feed on the blood of vertebrates and others that feed on the blood of other insects. There are over 800 species. They are minute insects (1/25-1/10 inch long) that can go through screen doors. Unlike mosquitoes which has a needlelike proboscis (feeding tube) which pierces the skin, the biting midge has blade-like mouth parts that cuts into the skin causing a painful bite (weal) which can last for days.

Adult biting midges like to feed during dusk with a secondary peak period at dawn that is similar to some species of mosquitoes which may cause the confusion that there is a high mosquito population. The ideal breeding site for many species of biting midges are salt-marsh habitats or wet, damp areas high in organic matter. The inaccessibility of some breeding areas in GTMO creates a high population level of midges. Though the adult stages rarely fly far from breeding sites, they can range widely. As a result, that makes chemical control difficult, if not useless.

The wearing of long sleeves and long pants in conjunction with skin application of insect repellent (OFF, DEET) offers the best protection from biting midges.

GTMO SHOPPER

FOR SALE

(1) External CD/RW - Sony Model CRX 1600L, Speed 12x/8x/32x. Complete with Windows, Macintosh Software, all Cables. NEVER USED. \$200. Call 5733 AWH.

(1) Children's bedroom set: desk, hutch, chair, four-poster twin bed, night table, dresser - cherry finish. Will include mattress and box-spring. \$375. Coffee table and two end tables. \$95. Call 4928 after 5:30pm.

(1) Sherwood Dive Gear- men's medium BC, magnum regulator w/ compass & bottom timer, fins, wt belt, wet suit, gear bag, plus other accessories. Like new. \$375. Call Jack @ 4008.

(1) Microwave (Panasonic, 1.2cu. ft). \$55. Available May 17. Call 4928 after 5:30pm.

(1) NordicTrak Walkfit Treadmill. \$195. Call 4928 after 5:30pm.

(1) Washer and Dryer - \$100 each or \$175 for both. Available May 16. FMI, call 4928 after 5:30pm.

(1) Twin size headboard with blue shelf and yellow trim. Excellent condition, \$40. Metal bookcase with glass doors, \$5.

(1) Fisher Price garage, \$5. Youth play/craft table, \$5. Call Debbie (H) 7837 or (W) 2069.

(3) BABY GEAR - portable hi-chair/booster seat and bed rail. Call 5803.

VEHICLES/BOATS

(1) 1991 Dodge Dynasty, A/C, automatic, electric door locks, AM/FM radio, tinted windows, new battery, large trunk space. Available May 18. \$4,000. Call Debbie (H) 7837 or (W) 2069.

(2) 1988 Dodge Ram 350 2-ton pick, lots of new parts. \$2,500 OBO. Call Steve AWH 3767 or DWH 4614.

(2) 1968 Classic Volvo-122; completely rebuilt front to end. \$6,500 OBO Call 3767 AWH or 4614 DWH.

(2) 19ft Cuddy Cabin Boat with trailer, boatcover and more. 140HP motor & 6HP Kicker motor. Excellent condition. See at "Dock of the Bay" Slip 48. \$4,900 OBO. Call Dennis AWH 2597 or DWH 4164 ext.215.

(3) 1987 Renault. \$900 OBO. Call Barry AWH 7926 or DWH 2304.

(3) Tired of taking the Heel-Toe Express? Do those groceries get heavy walking back to the barracks? Well, I have just the car for you! A 1981 Ford Mustang in GTMO condition. Available immediately to the best offerer. Call 7725.

PETS

Free to a good home. "Elmo" is a 5-year old Border Collie. He is very protective, enthusiastic, indoor dog. Probably best with a family with older children or no children. We are leaving the island and cannot take him with us. To meet Elmo, please call Debbie at (H) 7837 or (W) 2069.

EMPLOYMENT

City Colleges of Chicago is looking for a new director of local operations - Area Coordinator. The job requires a Bachelor's Degree (Master's preferred). Successful applicant should be a self-starter, capable of working with minimum supervision; a people person who is detail oriented; a problem solver. Working hours are 8am to 4pm, Monday - Friday. FMI, call Bob Holland, 3999.

LCN is accepting applications for a full-time customer service representative. Please submit an application at LCN's office. FMI 3744.

The following are job vacancies currently open through the Human Resources Division:

Openings with closing dates:
Clerk (Medical Records/Collections, closes 04/15/02)

Open Continuous Vacancies:
Supply Technician, 1st cutoff 12/21, closes 12/06/02

For more information contact the Human Resources Division at 4822 or 4430.

The following job opportunities are available at the Navy Exchange.

**F/T - Mon. -Fri.,
7:30am - 4:30pm**

Services Operations Clerk (NEX Admin)

Sales Audit Clerk

Services Operations Clerk

Sales Audit Clerk

F/T - Weekdays, Weekends

Meatcutting Worker

Sales Clerk (jewelry)

Cashier (7:30am - 4:30pm)

Flex - Weekdays, Weekends

Food Service Worker

Motor Vehicle Operator

Cashier

Flex - Afternoons to 7pm

New Watering Restrictions!

Hand watering of plants and shrubs only, Tuesdays and Saturdays from 6-8pm
No lawn watering!

Cash Office Cashier

P/T-Monday-Friday, 8am-2pm

Internal Documents and Cash

Control Clerk

**Temp - 7:30 am to 5 pm
or noon to 5pm**

Desk Clerk (Navy Lodge)

For details, visit the Navy Exchange Personnel Office or call 4119.

YARD SALES

April 20 - Radio Point 2, starting at 8am. Books, T-shirts, housewares, etc. Most item never used. Some giveaways. Experienced, Red Cross Certified babysitter available. Call Melissa at 5418.

SERVICES

Going away for the holidays or just need help caring for your pet? Your worries are over, two responsible sixth grade students are here to help. We are very experienced and can handle anything. Call 7797 and one of us will be there!

Babysitter -- American Red Cross Certified. Call Rhett at 7864 for your child care.

Want to go out, have a relaxing dinner alone, or maybe just a movie? Responsible child care available weeknights and weekends. Red Cross trained. Call Amanda @ 7892.

ANNOUNCEMENTS

The Base Insurance Office will be

closed Monday, April 22. We will open for business Tuesday, April 23 and Wednesday, April 24 from 5 to 6pm.

Calling all fishermen! A new fishing club forming. All interested fishermen are welcome to join in for weekly meetings, fishing outings and occasional tournaments. For more information, contact Jim at 81034 or email at jbfins@hotmail.com.

MOMS-Ministry of Mothers Sharing is beginning its first eight week session on April 24. There are still several seats available. Call Jean Anne at 5418 to reserve your spot. If you have any questions about the announcement please call RP2 Duong at the Chapel x 2323.

A Memorial Fund has been established for a bronze plaque to be placed at Phillip's Park in honor of Sheila DiSanto. Donations can be made at the Community Bank or the Ocean Enterprise Dive Shop.

LOST & FOUND

Lost: 2 ladies gold rings, very sentimental. If found please call 5355(H) or 72047(W). Reward upon return.

PERSONALS

Looking for any Texas Exes for a "Thirsty Thursday" get together. Contact Maj Roberson at 5090 or 5085.

Welcome Aboard!

Amanda Galasan Faustino

Born April 15, 2002

5 lbs, 5 oz.

19 inches

Congratulations to:

FM1 Aquiles and Michellin Faustino



HART'S WAR



Drama

2 hrs. 05 min.

Starring: Bruce Willis, Colin Farrell, Terrence Howard, Cole Hauser, Vicellous Shannon

Lieutenant Tommy Hart (Farrell) is a second year law student who is enlisted as an officer's aide in World War II. When he is captured

and thrown into a German prisoner of war camp, top ranking Colonel William McNamara (Willis) assigns him to defend Lieutenant Lincoln Scott (Howard), a black POW accused of murdering a fellow white prisoner. Hart must struggle against his privileged past to prove that he is a true man of honor, worthy of his rank. In preparing a defense for his client, Tommy stumbles upon a plot that will force him to choose between his country, his own morality and his life.

QUEEN OF THE DAMNED

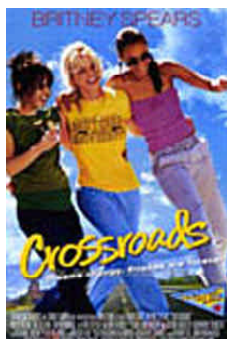
**Romance and
Suspense/Horror**
1 hr. 41 min.

Starring: Aaliyah, Stuart Townsend, Marguerite Moreau, Claudia Black, Vincent Perez

The supernatural adventure follows the legendary vampire Lestat (Townsend), who reinvents himself as a rock star in the contemporary American music scene. His music wakes Akasha (Aaliyah), the queen of all vampires, whose malevolent power is so great that all the immortal vampires must stand against her if they hope to survive. As Lestat's music inspires Akasha to make him her king, Jesse (Marguerite Moreau), a young woman with a fascination for the dark side, falls in love with Lestat.



CROSSROADS



**Comedy, Romance
and Drama**
1 hr. 34 min.

Starring: Britney Spears, Anson Mount, Zoe Saldana, Taryn Manning, Dan Aykroyd

Three childhood friends, Lucy (Spears), Kit (Saldana) and Mimi (Manning), rediscover their friendship on a cross-

country trip. With barely a plan, practically no money but plenty of dreams, the girls catch a lift with Mimi's handsome mysterious friend Ben (Mount) in his '73 Buick convertible. Along the way they discover how important it is to hold onto their hearts' desires.

Movies

FRIDAY, APRIL 19

8pm A Walk To Remember
PG - 100min

10pm Hart's War
R - 125min

SATURDAY, APRIL 20

8pm Return To Neverland
G - 79min

10pm Queen Of The Damned
R - 101min

SUNDAY, APRIL 21

8pm Crossroads
PG13 - 94min

MONDAY, APRIL 22

8pm Queen of The Damned
R - 101min

TUESDAY, APRIL 23

8pm Hart's War
R - 125min

WEDNESDAY, APRIL 24

8pm Rollerball
PG13 - 100min

THURSDAY, APRIL 25

8pm Crossroads
PG13 - 94min



What's Happening...

Bowling Center

April 18 - Banten Bowling, 6pm
Entry Fee \$5.00.

Teen Center

Month of the Military Child Teen Carnival

April 19 - 7pm to Midnight
on the Teen Center Patio.

Tiki Bar - Earth Day Special

April 19 - 10am to 1pm
Hotdog or Hamburger, bag of chips
and a soda for \$1.75.

Rick's Lounge

Rick's Lounge is now open daily 4pm to
midnight. Rick's is open to officers and
civilian equivalents only.

Free Sailing Lessons

Available by appointment only.

Learn to enjoy the bay in one of our high
speed Zumas, Hunters or Catalina 22's. Our
qualified instructors can help you attain
basic to advanced skipper licenses.

Call 2345 for sign up times.

Martial Arts "Fitness" Camp

At the Denich Gym

Every Monday & Wednesday
6:15 - 7:15 am.

Yoga Ultimate Stretch Classes

Held at G. J. Denich Gym

Monday, Wednesday, Friday
noon to 1pm

Tuesday & Thursday

5:15pm to 6:15pm.

Water Aerobics

Monday, Wednesday and Friday
6 to 7pm at Marine Hill Pool.

Swimming Lessons

5-5:30pm Infant 4:30-5pm Preschool

4:30-5:15pm Levels 1 & 2

5-5:45pm Levels 3&4

Adults - 6-6:45pm Levels 1 & 2

Call 2193 to sign up.

Tae Kwon Do

Marine Hill Aerobics Room

Children - Monday - Friday, 4-5pm
Adults - Monday - Friday, 6:30-7:30pm
All ages - Mon., Wed., & Fri., 11am to
noon.

Child Development Center

Month of the Military Child

Parents Night Out - Saturday, April 20th
6:30pm to 12 Midnight

\$5 per child for 5 1/2 hours

Sign up is required by Wednesday April
17th. For More Information call 3664

For more information on any of the events
listed above, call 5225.